

Home Readiness

- ☐ Close blinds, drapes, interior doors
- Close/lock hurricane shutters
- Board windows with plywood
- Remove items from frig/freezer
- Unplug electrical appliances
- Turn off gas, if accessible
- Move electrical equipment/personal mementos to higher ground in a fire/ water resistant container
- Take photos of property & contents
- Secure outdoor furniture/equipment

Personal 'Go Bag'

- ☐ Clothes (2-3 days worth per person)
- Tooth brush/toothpaste
- Toiletries, soap, razor
- ☐ Family pictures
- Jewelry
- Shoes
- ☐ Hair supplies (comb & brush)
- Rain wear
- ☐ Cell phone and charger

Vehicle Readiness

- ☐ Fuel up car 2-3 before
- Oil change
- Check tire pressure
- ☐ Get Contra-Flow map/ road map(s)
- Insurance documents

Non-essential Essentials

- Inflatable bed & pump
- Blankets/pillows
- ☐ CD player/ CD's, DVD's, iPod
- Computer
- Portable video games
- Books/puzzle books

Register for Assisted Evacuation

Orleans Parish Special Needs Registry Only	CALL: 3-1-1 ready.nola.gov
Jefferson Parish 1. Must Register Online 2. When Evacuation Ordered Call Jefferson Parish	CALL: 504-349-5360 jeffparish.net (scroll down the web page to register for evacuation assistance)

State Health Resources		National HIV/AIDS Organizations	
Louisiana DOH	225-342-9500	Project Inform: projectinform.org	CALL: 1-800-822-7422
Louisiana Medicaid	888-342-6207		
Louisiana Health Hub	louisianahealthhub.org 800-992-4379	National AIDS Hotline (CDC):	CALL: 1-800-232-4636
Alabama	800-252-1818		
Arkansas	800-462-0599	Other Organizations	
Florida HIV/AIDS	850-245-4422	FEMA: fema.gov	CALL: 1-800-621-3362
Georgia	404-870-7700	American Red Cross: redcross.org	CALL: 1-800-733-2767
Mississippi	866-458-4948		
Tennessee	423-265-2273	Avita Pharmacy	1-888-284-8279 or avitapharmacy.com
Texas	888-963-7111	Walgreens	1-800-925-4733 or walgreens.com/mktg/contactus

FOR EMERGENCIES CALL 9-1-1 IN ALL AREAS

FOR NON-EMERGENCY INFORMATION IN LOUISIANA, CALL 2-1-1

Learn more by visiting us on line: crescentcare.org



EMERGENCY RESOURCE GUIDE

STEPS TO GUIDE SUCCESSFUL PLANNING

Preparation is key!

When authorities announce a hurricane watch or warning, take these basic steps to prepare for the storm:

1. PREPARE FOR YOURSELF

- a. Expect and prepare for the need to evacuate. The National Weather Service will issue a hurricane watch when there is a threat of hurricane conditions within 24-36 hours to coastal areas.
- b. Learn about our community's emergency plans, warning signals, evacuation routes, and locations of emergency shelters.
- c. Make a list of all prescription medicines and special medical needs equipment and supplies.
- d. Get refills as early as possible during hurricane season and/or as soon as you hear about a possible hurricane: some pharmacies run out of meds or close earl. Get refills to last you for a couple of weeks.
- e. Locate and secure your important papers, such as insurance policies, wills, licenses, stocks, etc.
- f. Prepare a list of important phone numbers.

2. PREPARE FOR YOUR FAMILY

- a. Inform local authorities about any special needs, i.e., elderly or bedridden people, or anyone with a disability.
- b. Locate (or buy) a fire extinguisher and make sure your family knows where to find it and how to use it.
- c. Set aside several clean containers for water, large enough for a 3-5-day supply of water (about five gallons for each person), and a 3 to 5-day supply of non-perishable food.
- d. Locate water-purifying supplies, such as chlorine or iodine tablets or unscented, ordinary household chlorine bleach, and disposable cleaning cloths, such as "baby wipes" for the whole family to use in case bathing facilities are not available.
- e. Put together a "Family Go Kit" with a first aid kit and instruction manual, battery-powered radio, flashlights, and extra batteries, baby food and/or prepared formula, diapers, and other baby supplies.
- f. Put together individual family member's "Go-Kits" with blankets, pillows and personal hygiene supplies, such as soap, toothpaste, sanitary napkins, etc.

3. PREPARE YOUR PETS

- a. Although the City of New Orleans' evacuation plan includes animals, many emergency shelters cannot accept your pets. Ensure ahead of time that your pets will be welcome where you plan to evacuate.
- b. Make arrangements ahead of time to board or move your animals to a safe place.
- c. Gather pets' meds, food and favorite toys, locate their carriers, don't forget food and water bowls for the trip.

4. PREPARE YOUR CAR

- a. Fill your automobile's gas tank. If you don't have a car, make arrangements with friends, family or the City/public evacuation services for transportation.
- b. Have an emergency list for evacuating in your car with food, flares, booster cables, maps, tools, a first aid kit, fire extinguisher, sleeping bags, etc.
- c. Fill up with gas at least a day before leaving: fill up when a hurricane watch or warning is announced.
- d. Plan your route out of town to follow designated evacuation routes and expect heavy traffic.

5. PREPARE YOUR HOME

- a. Fill sinks and bathtubs with water as an extra supply for washing.
- b. Adjust the thermostat on refrigerators and freezers to the coolest possible temperature.
- c. Identify potential home hazards and secure them before the hurricane strikes.
- d. Be prepared to turn off electrical power when there is standing water, fallen power lines, gas and water supplies before you evacuate.
- e. Disconnect appliances to reduce the likelihood of electrical shock when power is restored.
- f. Secure any loose items which may damage property in a storm, such as bicycles, grills, propane tanks, etc.
- g. Cover windows and doors with plywood or boards or place large strips of masking tape or adhesive tape on the windows to reduce the risk of breakage and flying glass.

If You Are NOT Ordered to Evacuate but to Shelter-In-Place:

The great majority of injuries during a hurricane are cuts caused by flying glass or other debris. To get through the storm in the safest possible manner, monitor the radio or television for weather conditions, if possible. Stay indoors until the authorities declare the storm is over. Do not go outside, even if the weather appears to have calmed—the calm "eye" of the storm can pass quickly, leaving you outside when strong winds resume. Bathtubs can provide some shelter if you cover yourself with plywood or other materials. Prepare to evacuate to a shelter or to a neighbor's home if your home is damaged, or if you are instructed to do so by emergency personnel.

If You Are Ordered to Evacuate: Because of the destructive power of a hurricane, you should never ignore an evacuation order. If a hurricane warning is issued for your area or you are directed by authorities to evacuate the area, take only essential items with you. Turn off gas, electricity, and water. Make sure your automobile's emergency kit is ready



Family Documents

- Driver's License/ Photo ID
- Social Security card
- Passport
- ☐ Will, Deeds
- ☐ Birth Certificate
- Marriage License
- ☐ Title to car and registration
- Current utility bills
- Credit cards & Debit cards
- Extra checks, cash
- ☐ Children's report cards
- Hotel reservation
- ☐ Phone lists (doctor, family, friends)

Medical Documents

- Insurance papers
- Vaccination Record(s)
- List of current medications
- Medical and Prescriptions cards
- Current Lab results
- Diagnosed medical conditions
- Medication bottles & Rx list
- Medical Equipment (cane, oxygen)

Emergency Equipment

- Battery-operated Flashlight
- Battery operated radio/TV
- ☐ First-aid kit
- Cash
- Snacks and non-perishable food
- Water
- Can opener
- Ice chest with ice

Evacuating Your Pets

- Pet kennel
- Pet food/water, feeding dish
- Pet treats, Pet toys
- Bed for pet
- Pet ID tags
- Collar, harness, leash
- Current Veterinary Records
- List of Vets at evacuation destination
- Pet boarding facility at destination